



learn to cook!

How to reduce food waste and save money - A cookery class!

Join Wiggly for a cookery class to improve your cookery skills and give you confidence in the kitchen when it comes to ingredients that would normally be wasted.

The classes will be running at these venues on the following dates:

- **Harts Barn Cookery School, Longhope** **Thursday 15th February**
- **Oakley Community Centre, Cheltenham** **Thursday 29th February**
- **Wiggly Community Kitchen, Westgate St, Gloucester** **Wednesday 6th March**

There will be two sessions at each venue: **11am-1pm or 2pm – 4pm.**

The classes will be led by @Wigglychef and include a demonstration of the key skills to make a main dish, as well as the chance to make your own! You will also be given a recipe card and ingredients to make a sweet treat at home. All Wiggly staff are DBS checked and are supported by our lovely Wiggly volunteers.

Each session has limited numbers so book early to avoid disappointment. These sessions are **FREE** thanks to funding from Gloucester Recycles. Participants must be over 16yrs.

Aprons and all ingredients will be provided on the day – we look forward to seeing you there!

To get the link to register, please contact
office@wigglycharity.org



WIGGLY
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